CANNING VALE
EDUCATION SUPPORT CENTRE

12th April 2019
Issue 5

Kudos

Well it's the end of term one and what a wonderful finale to the term with many of our students being part of the Edu-Dance concerts. Well done kids and I know many of you were very proud parents. I even saw some tears (of joy). There is more dancing next term for our students when Humphrey's Dance instruction begins again.

It has been a busy term and I do hope you enjoy being with your children during the holidays. Remember to give them plenty of chores and allow them to practise self-care on their own. They will reap the benefits later on in their post school years when they are independent and have work and leisure activities to participate in. What they learn now is crucial for their success later on. Take a long look at your child's current IEP (especially the Self-Management and Communication sections) and help him/her achieve those important goals at home in a natural environment.

To achieve our important Business Plan Target: All students leave school with at least one form of communication, we are all enjoying learning Key Word Sign (KWS) with Mr Darran Wilson as our coordinator. He will hold two more KWS workshops next term so please come along and bring the rest of your family too (especially siblings). If we all 'get on board' and sign with the students and each other, the positive effects will be so amazing. With a correlation between frustration and the inability to communicate effectively, the benefits of KWS (and AAC devices including PODD books and Core Word Boards) could be huge!!

Students return Tuesday, April 30th. We are looking forward to working with you all again next term.

Have a lovely time with your beautiful children over the next two weeks!!

Di Harper, Principal.

Term One Calendar

April 12th	Last day of Term One
April 29th	Pupil free day—Students do not attend
April 30th	First day of Term Two

Around the School

H4 I have to mention how amazing the students were during their first ever Community Access Training (CATP) for the year. Even though there were some old hands (Charles, Scott and Jade) the others (Sebastian, Cruz, Enoch and Abdul) followed instructions, obeyed travel protocols and showed exemplary behaviours whilst out in public. Well done to you all!!

We have also been working hard on our independent life skills such as doing the laundry, cooking and doing the dishes. The students are currently learning how to sort washing into different categories and turn the washing machine on. They all are starting to use a dust pan and brush quite effectively. So don't forget to let them practise these skills at home! Wishing you all an amazing holiday break and see you next term ready for a fabulous new term of learning! ***Dana Langridge, Teacher.***

B1 The B1 students have been learning the fine art of folding clothes after washing and drying them, as well as the even finer art of making toast in our Friday cooking sessions. There is nothing quite like the smell of freshly toasted bread. It can put a smile on the saddest of faces!

Last Wednesday the Dash Robots put on a great xylophone show, with the help of our students. Brock wasn't very impressed with the tune however, perhaps we could teach Dash to do a Beyonce number. What do you think? ***Neil Rose, Teacher.***

Around the School

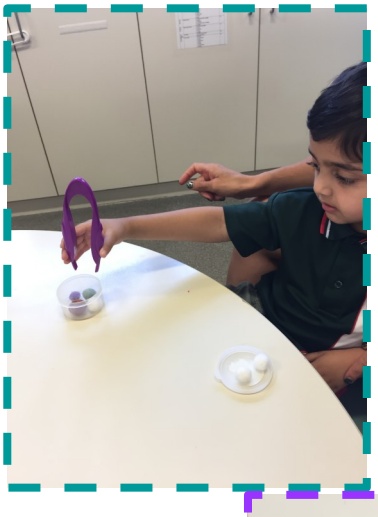
B9 In Science the students have been learning to identify gardening equipment and its purpose. This term they have just been familiarizing themselves with the garden i.e. the taps and our own garden bed. Next term we will start planting some vegetables and herbs. This will enable them to watch some produce growing from seed. It's an activity that the students clearly enjoy and has practical life skills implications.

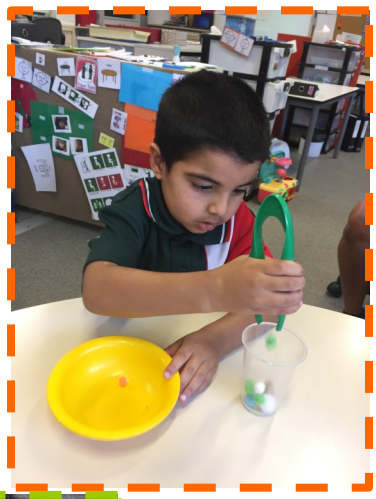
Finally, as the holidays approach we all hope that the students enjoy their well-earned break. The final weeks have been sensational as the students demonstrate the tremendous progress that they have made this term. While there have been plenty of memorable moments in the classroom, there were two students who really excelled at Edu Dance. A big congratulation to Elexis and Rory for their performances at the Edu Dance concert. They certainly did their parents proud. A big 'Thank You' to Julie Head and her staff for welcoming Rory and Elexis into her class for the classes and concert. ***Bob Beckman, Teacher.***

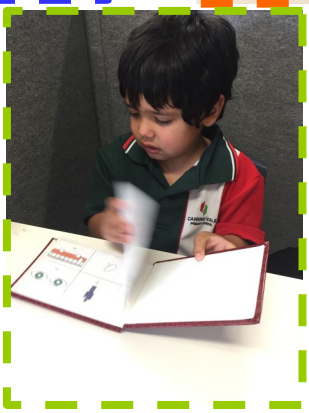
Around the School

B8 The students in the Early Intervention Kindy class have been working to complete fluency with matching, reading, fine motor, writing and independent work. We also focus on developing fine motor skills during two sessions at the round table each week.

The teaching team were excited to note that some students are beginning to respond by putting their hand up when the teacher asks them if they want to have a turn during group sessions. It may seem like a small thing but this will be a key skill that will contribute towards successful participation in a mainstream class which is the aim of our programme. For this reason it is a small step that we have celebrated! ***Rochelle Mulder, Teacher.***







The students in B8 have been very busy working together during round table time. They took turns playing the Robot board game.

Phoebe said "Look I got four" after spinning the wheel.

George is working on a new puzzle. He looks at the picture as he places the pieces into the correct place.

Siobhan Sweeney, Teacher.

Around the School

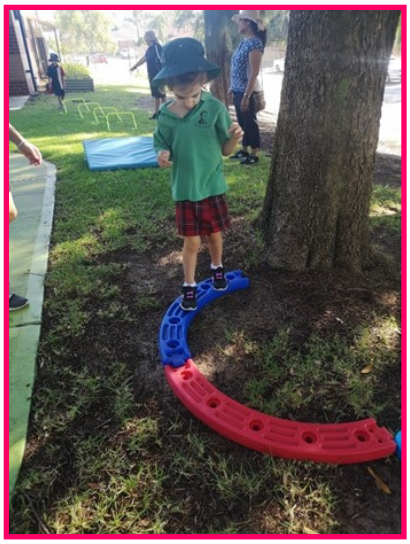
H3 Students in H3 are getting excited about the visit from the Easter Bunny. They have been busy listening to Easter stories, making decorations, decorating biscuits and a beautiful Easter basket. On Friday the students will go on an Easter egg hunt and bring home some eggs.

Students have been enjoying our physical activities each morning. We have seen many improved skills for students especially running endurance.

This term has gone so quickly! Our staff have enjoyed seeing the progress our students have made. We wish our families a happy and safe holiday and look forward to an amazing term two. ***Pat Ellery, Teacher.***

Easter Artwork.

Blake runs a lap around the tennis court.


Peyton concentrates on her balancing.

Respect Awards

Every Monday morning at Assembly our Principal, Mrs Harper, hands out Respect Awards to those students who have shown self respect, respect for others and respect for the environment. The recipients of the Respect Awards over the past two weeks are:

Week Nine: John (B1) Abdul (H4) Alethial (B9) Hussein (H3) Damien (B9)

Honour's Certificate at Campus Assembly: Rory (B9) Jai (B9)

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

1. Tuning Into Kids:

For parents & carers of children aged 3 - 12 years.

Tuning Into Kids is a **5 week** parenting program that aims to help parents and caregivers teach their children to understand and regulate their emotions. Children with good emotional intelligence often have better emotional, social and physical functioning, as well as fewer behavioural difficulties. Tuning Into Kids is a parenting program that aims to give helpful ways of teaching children the skills of emotional intelligence.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Mondays 29 April, 6, 13, 20, & 27 May	**Crèche:**	Crèche available
Venue:	CPC East Maddington 79 Pitchford Ave Maddington	**Time:**	1.00pm-2.30pm	**Bookings:**	9251 5777 parenting@communicare.org.au

2. Positive Discipline In Everyday Parenting::

For parents & carers of children aged 4 - 12 years.

Positive discipline is an approach to parenting that strengthens the child-parent relationship, guides behaviour and teaches children problem solving and conflict resolution. It guides children through warmth and structure to increase their competence in handling challenging situations and developing empathy and respect for themselves and others. It is about long-term solutions that develop children's own self-discipline and their life-long skills. **Please note this is a 5 week program.**

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Fridays 3, 10, 17, 24, 31 May	**Crèche:**	Crèche available
Venue:	Woodlupine Family Centre, 88 Hale Rd, Forrestfield	**Time:**	9.30am-11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

3. Circle of Security:

For parents & carers of children aged 0 - 5 years.

This internationally recognised program focuses on how to strengthen the parent/child relationship. It teaches parents and carers new ways to understand their child's behaviour and needs, as well as the importance of having a secure attachment.
Please note this is an 8 session program.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Wednesdays 8, 15, 22, 29 May 5, 12, 19 & 26 June	**Crèche:**	Crèche available
Venue:	Brookman Child Parent Centre, 34 Brookman Ave, Langford	**Time:**	12.00pm-2.00pm	**Bookings:**	cpcbrookman@parkerville.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

4. Tuning Into Kids:

For parents & carers of children aged 3 - 12 years.

Tuning Into Kids is a **5 week** parenting program that aims to help parents and caregivers teach their children to understand and regulate their emotions. Children with good emotional intelligence often have better emotional, social and physical functioning, as well as fewer behavioural difficulties. Tuning Into Kids is a parenting program that aims to give helpful ways of teaching children the skills of emotional intelligence.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Thursday 9, 16, 23, 30 May & 6 June	**Crèche:**	Crèche available
Venue:	Armadale Community Family Centre, 101 Challis Rd, Seville Grove	**Time:**	9.30am – 11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

5. Babies on the Move:

For parents & carers of children aged 0 - 12 months

This **4 week** workshop will aid & support parents & carers through the most common issues faced in the first year of parenting. The main topics will include: 1. Moving onto solids 2.Sleep & routines 3. Behaviour & brain development 4. Safety for your baby. Parents will have the opportunity to ask questions & connect with other parents.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Tuesdays 14, 21, 28 May & 4 June	**Crèche:**	N/A Babies Participate
Venue:	Communicare 275 Abernethy Rd, Belmont	**Time:**	9.30am-11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

6. Sensory Play:

For parents & carers of children aged 18 months- 3 years

This interactive program is suitable for toddlers who are becoming mobile and exploring their coordination and how the world works around them. In this hour long group parents and children will together move through various sensory activities including singing, textured play, climbing, visual experiences and movements that encourage balance, adjustment and skills.
Sensory Play is designed to give toddlers an opportunity to experience, alongside their caregiver, how their body receives sensory messages through their eyes, ears, nose and touch.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Wednesday 15, 22, 29 May, 5 & 12 June	**Crèche:**	N/A child participates
Venue:	Communicare 28 Cecil Ave, Cannington 6107	**Time:**	9.00am-10.00am	**Bookings:**	9251 5777 parenting@communicare.org.au

7. Positive Discipline In Everyday Parenting:

For parents & carers of children aged 4 - 12 years.

Positive discipline is an approach to parenting that strengthens the child-parent relationship, guides behaviour and teaches children problem solving and conflict resolution. It guides children through warmth and structure to increase their competence in handling challenging situations and developing empathy and respect for themselves and others. It is about long-term solutions that develop children's own self-discipline and their life-long skills. **Please note this is a 5 week program.**

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Thursday 16, 23, 30 May, 6 & 13 June	**Crèche:**	Crèche available
Venue:	Leisureworld Thornlie Ave & Culross Ave, Thornlie	**Time:**	9.30am – 11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

8. Fussy Eaters

For parents & carers of children aged 1 - 5 years

Do you have a fussy eater at home, is your child unwilling to try new foods? Are you finding it difficult & frustrating to get a balanced diet with your child? Many children are fussy eaters, and although fussy eating is normal it can be hard to handle & worrying for parents. This workshop will offer practical tips for the fussy eaters in your family.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 20 May	**Crèche:**	No crèche- but child may attend
Venue:	Communicare 275 Abernethy Rd Belmont	**Time:**	9.30am – 11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

9. Tuning Into Teens:

For parents & carers of children aged 10 - 18 years

Positive family relationships are essential for adolescent health, including mental health and behaviour. For parents, understanding the role of emotions in family life will help improve relationships and raise happy, healthy teenagers. In this workshop you will have the opportunity to learn developmentally appropriate skills in:

- understanding adolescent development accepting teens' emotions
- managing feelings of rejection in response to teens increasing independence
- creating opportunities for connection between parent and teen

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Tuesday 21, 28 May, 4, 11 & 18 June	**Crèche:**	No crèche available
Venue:	Communicare 275 Abernethy Rd Belmont	**Time:**	5.30pm-7.30pm	**Bookings:**	9251 5777 parenting@communicare.org.au

10. The Importance of Play:

For parents & carers of children aged 0 – 5 years.

Play allows children to use their creativity and is an essential part of every child's life. Play is important for healthy brain development and supports children's social, emotional cognitive and physical development. This workshop will inform parents on the importance of play and different and creative ways to interact with their child in order to support their development.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 27th May	**Crèche:**	Crèche available
Venue:	Gosnells Child Parent Centre, 173 Hicks St, Gosnells (Ent off Clara St)	**Time:**	12.30pm-2.30pm	**Bookings:**	CPCGosnells@centrecare.com.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

11. Setting Boundaries:

For parents & carers of children aged 0 - 8 years

Setting limits whilst still being a loving parent is an important part of raising responsible children. This introductory workshop addresses what boundaries are, why they are important and how parents and caregivers can help children develop boundaries for themselves.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 10 June	**Crèche:**	Crèche available
Venue:	Gosnells Child Parent Centre, 173 Hicks St, Gosnells (Ent off Clara St)	**Time:**	12.30pm-2.30pm	**Bookings:**	9251 5777 parenting@communicare.org.au

12. Toilet Training:

For parents & carers of toddlers

An informative workshop to support you and your child with toilet training and provide you with the knowledge and tools to help you through this important stage of a child's development.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 10 June	**Crèche:**	Crèche available
Venue:	Ruth Faulkner Library 215 Wright St, Cloverdale	**Time:**	6.00pm-7.30pm	**Bookings:**	Library- 9447 7150

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

13. Engaging Adolescence:

For parents of Adolescents

The teenage years can be a challenge for families, as children develop into adolescents with their own opinions that may differ from their parents. Engaging Adolescence is a program designed for parents looking for common ground with their teenagers.
The **3 session** workshop includes:

- What are reasonable expectations to hold about adolescents?
- New understandings of adolescence: social landscapes, brain snaps, body makeovers.
- A three-option model & flowchart for decision making to help manage teenage behaviour

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 17, 24 June & 1 July	**Crèche:**	No crèche available
Venue:	Gosnells Women's Health Service 2232 Albany Hwy Gosnells	**Time:**	9.30am-11.30am	**Bookings:**	https://events.humanitix.com.au/engagingadolescence

14. Keeping Kids In Mind:

For parents who have separated from their partner and encountering challenges with co-parenting.
(Suitable for separated parents & carers of children aged up to 12 years)

Keeping Kids In Mind is a **5 week** course for separated parents who are experiencing ongoing conflict. The course is designed to assist parents to see through their children's eyes the experience of parental separation and develop a greater understanding about how to support children following family separation.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Monday 28 May 4, 11, 18, 25 June	**Crèche:**	No crèche
Venue:	9.30am-11.30am	**Time:**		**Bookings:**	9251 5777 parenting@communicare.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE
A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

16. The Importance of Play:

For parents & carers of children aged 0 – 5 years.

Play allows children to use their creativity and is an essential part of every child's life. Play is important for healthy brain development and supports children's social, emotional cognitive and physical development. This workshop will inform parents on the importance of play and different and creative ways to interact with their child in order to support their development.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Wednesday 15 May	**Crèche:**	Crèche available
Venue:	Challis Child Parent Centre, 40 Braemore St, Armadale	**Time:**	9.30am-11.00am	**Bookings:**	9251 5777 parenting@communicare.org.au

17. Toilet Training:

For parents & carers of toddlers

An informative workshop to support you and your child with toilet training and provide you with the knowledge and tools to help you through this important stage of a child's development.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Wednesday 5 June	**Crèche:**	Crèche available
Venue:	Challis Child Parent Centre, 40 Braemore St, Armadale	**Time:**	9.30am-11.00am	**Bookings:**	9251 5777 parenting@communicare.org.au

18. Guiding Behaviours:

For parents & carers of children aged 0 – 5 years.

When did your child start using the word 'NO!' – more than you? - Answer: kids act out what they learn!
Your child's brain is a work in process and is developing at the rate of millions of connections a day. Certain experiences and opportunities can greatly enhance your child's self-regulation and emotional control, where other environments and attitudes can make life difficult for all. Come and explore the expectations and possibilities of managing your child's natural curiosity of the world around them.

Facilitator:	Parenting Support Worker- Communicare	**Dates:**	Wednesday 26 June	**Crèche:**	Crèche available
Venue:	Challis Child Parent Centre, 40 Braemore St, Armadale	**Time:**	9.30am-11.00am	**Bookings:**	9251 5777 parenting@communicare.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE
A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

South East Metro Parenting Support Services

Workshops for Parents & Carers

Term Two 2019

19. Let's Talk Parenting:

Would you like to get some help that is supportive and respectful of your culture?

We all need a little help dealing with common parenting issues once in a while. If you have any questions or need some support parenting your baby, child or teenager, then please feel welcome to come along and discuss with others. The Parenting Support Worker will be there with support and information and to answer any questions or concerns you may have. Hope to see you there! Light refreshments provided.

Facilitator:	Parenting Support Worker- Save The Children	**Dates:**	Wednesday 12th June	**Crèche:**	Crèche available
Venue:	Communicare, 28 Cecil Ave, Cannington	**Time:**	9.30am-11.30am	**Bookings:**	9251 5777 parenting@communicare.org.au

Bookings are essential to secure a place, and all workshops are free of charge

COMMUNICARE Save the Children

Supported by

GOVERNMENT OF

The South East Metro Parenting Support Service is funded by the Government of Western Australia Department of Communities. South East Metro Parenting Support Services are delivered by Communicare in partnership with Save the Children.

SOUTH EAST METRO PARENTING SUPPORT SERVICE

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au

infinite LIMITS

BRINGS YOU

KATE'S INCLUSIVE DANCE & SONG

KIDS

WHERE

PIARA WATERS PAVILION

350 WRIGHT ROAD, PIARA WATERS

WHEN

WEDNESDAYS

GROUP A 4:15-4:45PM / GROUP B 5:00-5:40PM

8 WEEK TERMS

(13TH Feb-3rd April) (8th May-26th June)

(31st July-18th Sept) (23rd Oct-11th Dec)

DETAILS

$12 PER SESSION/$80PER TERM

5YRS-YOUNG ADULT

ALL ABILITY LEVELS

A DANCE FITNESS CLASS FOR CHILDREN AND YOUNG ADULTS WITH SPECIAL NEEDS.

Expect a fun & energetic class with routines to the latest music, moves that will improve fitness tremendously and an environment where everyone is respected, encouraged and welcomed.

*parents/carers must stay for duration of class

CONTACT KATE 0430458983 INFINITE LIMITS INFINITELIMITS@OUTLOOK.COM